

	Sea Raiders	June	July	August	2018	
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9-Jun	10	11	12 First Practice 4-5:15pm Registration available at the pool during practice	13 Practice 4-5:15pm	14 Practice 4-5:15pm	15
16	17 Practice 4-5:15pm	18 Practice 4-5:15pm	19 Practice 4-5:15pm	20 Practice 4-5:15pm	21 Practice 4-5:15 4:15 Mandatory Parents' Information Meeting & Ice Cream Social for swimmers after practice	22
23	24 Practice 4-5:15pm	25 Practice 4-5:15pm	26 Practice 4-5:15pm	27 Practice 7:30-9:15am Clinic 7pm-7:45pm & 7:45pm-8:30pm	28 Practice 7:30-9:15am	29
30 Red and White meet @ Home 9 am warm-up	1-Jul Practice 7:30-9:15am	2 Practice 7:30-9:15am Clinic 7pm-7:45pm & 7:45pm-8:30pm	3 Practice 7:30-9:15 AWAY Meet vs Rosendale 4pm warm-up	4 Practice 7:30-9:15am Wear Red, White & Blue to Practice Clinic 7pm-7:45pm & 7:45pm-8:30pm	5 Practice 7:30-9:15am	6 HOME Meet vs Hurley 8am warm-up
7	8 Practice 7:30-9:15am	9 Practice 7:30-9:15am Clinic 7pm-7:45pm & 7:45pm-8:30pm	10 Practice 7:30am HOME Meet vs Rhinebeck 4pm warm-up	11 Practice 7:30-9:15am Clinic 7pm-7:45pm & 7:45pm-8:30pm	12 Practice 7:30-9:15am	13 AWAY Meet vs Hyde Park 8am warm-up
14	15 Practice 7:30-9:15am	16 Practice 7:30-9:15am Clinic 7pm-7:45pm & 7:45pm-8:30pm	17 Practice 7:30am HOME meet vs New Paltz 4pm warm -up	18 Practice 7:30-9:15am Clinic 7pm-7:45pm & 7:45pm-8:30pm	19 Practice 7:30-9:15am	20 HOME Meet vs Kerhonkson 8am warm-up
21	22 Practice 7:30-9:15am	23 Practice 7:30-9:15am Clinic 7pm-7:45pm & 7:45pm-8:30pm	24 Practice 7:30am AWAY Meet vs Zena 4pm warm-up	25 Practice 7:30-9:15am Clinic 7pm-7:45pm & 7:45pm-8:30pm	26 Practice 7:30-9:15am	27 DUSO Championships at Ulster County Pool
28	29	30	31	1-Aug.	2	3